














	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Banana Pancake Bacon Hashbrowns Diced Pears	Western Scramble Cinnamon French Toast Sausage Patties Sliced Home Fries O'Brien Fruited Yogurt	Ham and Cheese Sandwich  Apple Pancake Turkey Bacon Hashbrowns Banana	Belgian Waffles Fruit and Cottage Cheese Breakfast Ham O'Brien Potatoes Assorted Muffin	Egg and Bacon Croissant Scrambled Eggs Tater Tots Sliced Peaches Choice of Bread	Scrambled Eggs Sausage Gravy Biscuits Hashbrowns Grapes	Denver Scramble Hashbrown Casserole Sausage Links Mandarin Oranges
<b>LUNCH</b>							
<b>Entrées</b>	  Jambalaya or Baked Fish Almondine  Rice Pilaf Green Bean Almondine Cornbread Fruit	 Honey Mustard Pork Bites or London Broil  Sweet Potatoes Fries Steamed Corn Dinner Roll Fruit	 Beef Tips or Chicken Cran Salad Wrap  Waffle Fries Roasted Butternut Squash Cornbread Fruit	Italian Beef Sandwich or Chicken Parmesan  Angel Hair Pasta California Mixed Blend Dinner Roll Fruit	 Glazed Ham Loaf or  Herb Crusted Chicken  Rice Pilaf Steamed Broccoli Dinner Roll Fruit	 Autumn Apple Cranberry Salad or Sweet and Sour Pork  Fried Rice Buttered Zucchini Dinner Roll Fruit	Country Fried Steak or  BBQ Ribs  Baked Sweet Potato Roasted Brussel Sprouts Dinner Roll Fruit
<b>Dessert</b>	Gingerbread Parfait	Mandarin Oranges	Citrus Gelatin	Peach Pie	Yellow Cake	Chocolate Ice Cream	Cinnamon Applesauce
<b>DINNER</b>							
<b>Soup</b>	 French Onion Soup	  Split Pea Soup	Pasta Fagioli Soup	Cheeseburger Chowder	 Minestrone Soup	 Corn Chowder	 Beef Noodle Soup
<b>Entrées</b>	 Roast Beef and Cheddar Melt Or Baked Stuffed Chicken Breast  Whipped Potatoes Roasted Zucchini Dinner Roll	Beef Lasagna Or Creamy Tuscan Chicken  Autumn Roasted Vegetables Tossed Salad Breadstick	Chicken Stir Fry Or Pepperoni Pizza  Fried Rice Seasoned Green Beans Dinner Roll	Chicken and Cheese Quesadilla Or Turkey A La King  Mashed Potatoes Seasoned Wax Beans Dinner Roll	Pulled Pork Sandwich Or  Beef Stew  Baked Potato Honey Carrots Dinner Roll	Chicken Cordon Bleu Or  Roast Beef  Scalloped Potatoes Mixed Vegetables Dinner Roll	 Eggplant Rollatini Or Turkey Divan  Buttered Noodles Steamed Cauliflower Dinner Roll
<b>Dessert</b>	Cinnamon Pumpkin Cookies	Pumpkin Roll	Gingerbread Caramel Pretzel Popcorn	Salted Caramel Brownie Parfait	Cranberry Bread Pudding	Fruit of the Forest Pie	Pumpkin Cream Puff











Gluten Free



Good For You



Vegetarian

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Banana Pancake Bacon Hashbrowns Diced Pears	Western Scramble Cinnamon French Toast Sausage Patties Sliced Home Fries O'Brien Fruited Yogurt	Ham and Cheese Sandwich Apple Pancake  Turkey Bacon Hashbrowns Banana	Belgian Waffles Fruit and Cottage Cheese Breakfast Ham O'Brien Potatoes Assorted Muffin	Egg and Bacon Croissant Scrambled Eggs Tater Tots Sliced Peaches Choice of Bread	Scrambled Eggs Sausage Gravy Biscuits Hashbrowns Grapes	Denver Scramble Hashbrown Casserole Sausage Links Mandarin Oranges
<b>LUNCH</b>							
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<b>Dessert</b>	Gingerbread Parfait	Mandarin Oranges	Citrus Gelatin	Peach Pie	Yellow Cake	Chocolate Ice Cream	Cinnamon Applesauce
<b>DINNER</b>							
<b>Soup</b>	 French Onion Soup	  Split Pea Soup	Pasta Fagioli Soup	Cheeseburger Chowder	 Minestrone Soup	 Corn Chowder	 Beef Noodle Soup
<b>Entrées</b>	 Roast Beef and Cheddar Melt Or Baked Stuffed Chicken Breast  Whipped Potatoes Roasted Zucchini Dinner Roll	Beef Lasagna Or Creamy Tuscan Chicken  Autumn Roasted Vegetables Tossed Salad Breadstick	Chicken Stir Fry Or Pepperoni Pizza  Fried Rice Seasoned Green Beans Dinner Roll	Chicken and Cheese Quesadilla Or Turkey A La King  Mashed Potatoes Seasoned Wax Beans Dinner Roll	Pulled Pork Sandwich Or  Beef Stew  Baked Potato Honey Carrots Dinner Roll	Chicken Cordon Bleu Or  Roast Beef  Scalloped Potatoes Mixed Vegetables Dinner Roll	 Eggplant Rollatini Or Turkey Divan  Buttered Noodles Steamed Cauliflower Dinner Roll
<b>Dessert</b>	Cinnamon Pumpkin Cookies	Pumpkin Roll	Gingerbread Caramel Pretzel Popcorn	Salted Caramel Brownie Parfait	Cranberry Bread Pudding	Fruit of the Forest Pie	Pumpkin Cream Puff



Gluten Free



Good For You



Vegetarian

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Banana Pancake Oatmeal	Scrambled Eggs Sausage Patties Oatmeal	 Scrambled Eggs Turkey Bacon Cream of Wheat	Scrambled Eggs Belgian Waffles Oatmeal	Scrambled Eggs Egg and Bacon Croissant Cream of Wheat	Scrambled Eggs Sausage Gravy Biscuits Oatmeal	Scrambled Eggs Sausage Links Oatmeal
<b>DINNER</b>							
<b>Soup</b>	 French Onion Soup	 Split Pea Soup 	Pasta Fagioli Soup	Cheeseburger Chowder	 Minestrone Soup	 Corn Chowder	 Beef Noodle Soup
<b>Entrées</b>	<p>1. Jambalaya</p> <p>  2. Baked Fish Almondine</p> <p> 3. Baked Stuffed Chicken Breast</p> <p>Rice Pilaf Whipped Potatoes</p> <p>Green Bean Almondine Roasted Zucchini</p> <p>Cornbread</p>	<p> 1. Honey Mustard Pork Bites</p> <p>2. Beef Lasagna</p> <p>3. Creamy Tuscan Chicken</p> <p>Sweet Potato Fries Mashed Potatoes</p> <p>Autumn Roasted Vegetables Tossed Salad</p> <p>Dinner Roll</p>	<p> 1. Beef Tips</p> <p>2. Chicken Stir Fry</p> <p>3. Chicken Cranberry Salad Wrap</p> <p>Waffle Fries Fried Rice</p> <p>Roasted Butternut Squash Seasoned Green Beans</p> <p>Dinner Roll</p>	<p>1. Chicken Parmesan</p> <p>2. Turkey A La King</p> <p>3. Italian Beef Sandwich</p> <p>Angel Hair Pasta Mashed Potatoes</p> <p>California Mixed Vegetables Seasoned Wax Beans</p> <p>Dinner Roll</p>	<p>1. Glazed Ham Loaf</p> <p>2. Beef Stew</p> <p>3. Pulled Pork Sandwich</p> <p>Rice Pilaf Baked Potato</p> <p>Steamed Broccoli Honey Carrots</p> <p>Dinner Roll</p>	<p>  1. Autumn Apple Cranberry Salad</p> <p>2. Chicken Cordon Bleu</p> <p>3. Roast Beef</p> <p>Scalloped Potatoes Mashed Potatoes</p> <p>Roasted Zucchini Buttered Mixed Vegetables Dinner Roll</p>	<p>1. Country Fried Steak</p> <p> 2. BBQ Ribs</p> <p>3. Turkey Divan</p> <p>Buttered Noodles Baked Sweet Potato</p> <p>Roasted Brussel Sprouts Steamed Cauliflower</p> <p>Dinner Roll</p>
<b>Dessert</b>	Cinnamon Pumpkin Cookies	Pumpkin Roll	Gingerbread Caramel Pretzel Popcorn	Salted Caramel Brownie Parfait	Cranberry Bread Pudding	Fruit of the Forest Pie	Pumpkin Cream Puff





# FRESH HARVEST RESTAURANT (814) 288-2880

## HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

### WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

### SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

## DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

### WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

## THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

# CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



## VISTA DINING (814) 205-6772, OR EXT 4293

## HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
  - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
  - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
  - 11:00 AM - 1:00 PM

The deadline for takeout is one hour before delivery.

## TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR
2. Have it delivered for an extra \$3.50

*(Cambridge deliveries go to the front desk unless specified).*

## THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

### **\*\*Vista Dinner Pricing for Cambridge/Townhomes Only:\*\***

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

*(You may substitute your sides for soup & dessert)*

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

**BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES**

CLOSED | MON - TUES

WED - SAT

Lunch take out: 11AM-1PM

Dinner Service: 4PM - 7PM

(6PM LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: 11AM - 2PM

(814) 288-2880



## Dessert:

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**Cannoli**  
**\$3.99**



## Side:

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**Green Beans**  
**\$1.99**

# *Fresh* HARVEST **THIS WEEK'S SPECIALS**

## Specials for Jan 22 - 25

## Soup:

Harvest Minestrone

Cup \$2.99 | Bowl \$4.99



Images might not provide an accurate representation of the item.

CLOSED | MON - TUES

WED - SAT

Lunch take out: 11AM-1PM

Dinner Service: 4PM - 7PM

(6PM LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: 11AM - 2PM

(814) 288-2880

# Fresh HARVEST

## THIS WEEK'S SPECIALS

### Specials for Jan 22 - 25

### Entrées of the week:



## Appetizer

**Broccoli Cheddar Bites**  
**\$3.99**

**Vegetarian option**



**Vegetarian Option - Tuscan gnocchetti with a breadstick \$10.95**  
(Gnocchetti in a tomato sauce, with kale, spinach, parmesan, garlic, and white wine)



**Entrée 1 - Seafood Penne with one side \$13.95**  
(Shrimp and scallops tossed in Marinara and Penne noodles)

**Entrée 2 - Mushroom Swiss Burger with Chips \$9.45**

Images might not provide an accurate representation of the item.