













	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Apple French Toast Bacon Hashbrowns Banana	Western Scramble Belgian Waffles Sausage Home Fries O Brien Fruited Yogurt	Breakfast Casserole Scrambled Eggs Turkey Bacon Apple Slices	Hard Boiled Egg Pumpkin Pancake Sausage Patty Tater Tots Assorted Muffin	Ham and Spinach Quiche Scrambled Eggs Fried Potatoes Sliced Peaches Choice of Toast	Scrambled Eggs Chocolate and Banana French Toast Hashbrowns Grapes	Denver Scramble Sausage Gravy Biscuit Banana
LUNCH							
Entrées	Pittsburgh Salad or Beef Goulash French Fries Buttered Carrots Dinner Roll Fruit	Baked Haddock or Chicken Stew Fingerling Potatoes Mixed Vegetables Dinner Roll Fruit	BLT on White or Spaghetti and Meatballs Oven Brownd Potato Seasoned Lima Beans Breadstick Fruit	Open Face Turkey Sandwich or Mushroom Stroganoff Fresh Cut Fries Tossed Salad Dinner Roll Fruit	Fall Turkey Wrap or Salisbury Steak Herbed Rice Steamed Broccoli Dinner Roll Fruit	Bacon Cheeseburger or Chicken Cheesesteak Sweet Potato Fries Buttered Asparagus Dinner Roll Fruit	Italian Sausage Sandwich or Braised Pulled Pork Pepper Slaw Sauerkraut Dinner Roll Fruit
Dessert	Carrot Cake	Apple Cider Cookie	Pumpkin Pie	Sugar Cookie	Ice Cream Sandwich	Maple Cinnamon Mousse	Scalloped Apples
DINNER							
Soup	Cream of Broccoli Soup	Chicken and Rice Soup	Butternut Squash Soup	Tuscan Chicken and Bean Soup	Cream Of Mushroom Soup	Tomato Soup	Beef Vegetable
Entrées	Chicken Breast Or BBQ Pork Slider Creamy Coleslaw Creamed Corn Dinner Roll	Hawaiian Ham Or Porcupine Meatballs Buttered Bowtie Noodles Roasted Brussel Sprouts Dinner Roll	Chicken Broccoli Tortellini Or Tuna Noodle Casserole Baked Sweet Potatoes Harvard Beets Dinner Roll	Stuffed Porkchop Or Pasta Primavera Buttered Noodles Sauteed Spinach Dinner Roll	Lemon Chicken Thigh Or Ham Pot Pie Scalloped Potato Honey Carrots Dinner Roll	French Dip Or Shrimp Scampi Buttered Noodles Seasoned Green Peas Dinner Roll	Meatball Hoagie Or Turkey Rachel Home Made Chips Steamed Cauliflower Dinner Roll
Dessert	Caramel Brownie	Red Velvet Cake	Ambrosia Salad	Chocolate Vanilla Pudding Parfait	Pumpkin Drop Cookies	Cappuccino Pudding	Cherry Pie

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	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Apple French Toast Oatmeal	Scrambled Eggs Sausage Patties Oatmeal	 Scrambled Eggs Turkey Bacon Cream of Wheat	Scrambled Eggs Pumpkin Pancake Oatmeal	Scrambled Eggs Ham and Spinach Quiche Cream of Wheat	Scrambled Eggs Chocolate and Banana French Toast Oatmeal	Scrambled Eggs Sausage Gravy Biscuit Oatmeal
DINNER							
Soup	Cream Of Broccoli	 Chicken and Rice 	 Butternut Squash	Tuscan Chicken and Bean	 Cream of Mushroom	 Tomato Soup	 Beef Vegetable Soup
Entrées	 1. Pittsburgh Salad   2. Chicken Breast 3. BBQ Pork Slider French Fries Creamy Coleslaw Buttered Carrots Creamed Corn Dinner Roll	1. Baked Haddock 2. Porcupine Meatballs 3. Hawaiian Ham Fingerling Potatoes Buttered Noodles Roasted Brussel Sprouts Mixed Vegetable Dinner Roll	1. Spaghetti 2. Chicken Broccoli Tortellini 3. Tuna Noodle Casserole Oven Baked Potato Baked Sweet Potato Harvard Beets Seasoned Lima Beans Dinner Roll	1. Open Face Turkey Sandwich  2. Pasta Primavera 3. Stuffed Porkchop Buttered Noodles French Fries Sauteed Spinach Tossed Salad Dinner Roll	1. Lemon Chicken Thigh 2. Ham Pot Pie 3. Salisbury Steak Herbed Rice Scalloped Potatoes Steamed Broccoli Honey Carrots Dinner Roll	1. Chicken Cheesesteak 2. French Dip 3. Shrimp Scampi Angel Hair Pasta Sweet Potato Fries Seasoned Green Peas Buttered Asparagus Dinner Roll	1. Braised Pulled  Pork 2. Italian Sausage Sandwich 3. Meatball Hoagie Pepper Slaw Home Made Chips Sauerkraut Steamed Cauliflower Dinner Roll
Dessert	Caramel Brownie	Red Velvet Cake	Ambrosia Salad	Chocolate Vanilla Pudding Parfait	Pumpkin Drop Cookies	Cappuccino Pudding	Cherry Pie





FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT 4293

HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
 - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
 - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
 - 11:00 AM - 1:00 PM

The deadline for takeout is one hour before delivery.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

****Vista Dinner Pricing for Cambridge/Townhomes Only:****

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED | MON - TUES

WED - SAT

Lunch take out: 11AM-1PM

Dinner Service: 4PM - 7PM

(6PM LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: 11AM - 2PM

(814) 288-2880



Dessert:

Coconut Cake
\$3.99



Side:

**Roasted carrot
and cauliflower**
\$1.99

Images might not provide an accurate representation of the item.

Fresh HARVEST **THIS WEEK'S SPECIALS**

Specials for Jan 29 - Feb 1

Soup:

**Fresh Harvest's
Chicken Gnocchi
Soup**

Cup \$2.99 | Bowl \$4.99



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(6PM LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: 11AM - 2PM

(814) 288-2880



Appetizer

Shrimp Cocktail \$3.99
(5 shrimp pieces)

Vegetarian option



Images might not provide an accurate representation of the item.

Fresh HARVEST

THIS WEEK'S SPECIALS

Specials for Jan 29 - Feb 1
Entrées of the week:

Entrée 1 - Stuffed shells served with a bread stick and a side salad **\$10.95**

Entrée 2 - Kielbasa and Kraut Sandwich served with Chips **\$9.95**

(Kielbasa with sauerkraut topped with pickle and mustard served on a hoagie roll)

Vegetarian Option - Cabbage Parmesan **\$10.95**

(Seared cabbage slice topped with marinara sauce, mozzarella, and parmesan served with your choice of vegetable & breadstick)

