

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>OCTOBER 2024 ARBOR LIFE ENRICHMENT</p>	<p>1</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>2</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Can You Picture This? EVENING Stories/Poems</p> <p>Rosh Hashanah Begins</p>	<p>3</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Perfect 10 EVENING Balloon Toss</p>	<p>4</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Music and Memory EVENING Relaxing Videos</p>	<p>5</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>	
<p>6</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>7</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON What Am I? EVENING Name that Tune</p>	<p>8</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>9</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Craft Hour: Falling leaves Suncatchers EVENING Stories/Poems</p>	<p>10</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Dice Games EVENING Balloon Toss</p>	<p>11</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 2 pm Music with Doc's Boys EVENING Relaxing Videos</p> <p>Yom Kippur Begins</p>	<p>12</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>
<p>13</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>14</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Discussion: Columbus Day EVENING Name that Tune</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>15</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>16</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 2 pm Music with Rick and John EVENING Stories/Poems</p> <p>Sukkot Begins</p>	<p>17</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON HC/ PC Monthly Birthday Party EVENING Balloon Toss</p>	<p>18</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Music and Memory EVENING Relaxing Videos</p>	<p>19</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>
<p>20</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>21</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Music: Bopping at the Ballgame EVENING Name that Tune</p>	<p>22</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>23</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 2 pm Music with Paul Stephenson EVENING Stories/Poems</p>	<p>24</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Making Ghosts Treats EVENING Balloon Toss</p> <p>Simchat Torah Begins</p>	<p>25</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 2 pm Music with Terry Clare Dantzig (chapel) EVENING Relaxing Videos</p>	<p>26</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>
<p>27</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>28</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Reminisce: Halloween Costumes EVENING Name that Tune</p>	<p>29</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>30</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Kitchen Creations: Pumpkin Pudding Cookies EVENING Stories/Poems</p>	<p>31</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Halloween Party EVENING Balloon Toss</p> <p>Halloween</p>		

Laurel View Village 2000 Cambridge Dr. Davidsville, PA 15928 (814)288-2724 *Locations, times and programs are subject to change*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Music: bopping at the ballgame (dining room) 6 pm Evening Movie- CH. 312 Dayroom)</p>	<p>2</p> <p>10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Cranium Crunches (dining room) 6 pm Evening News Brief dayroom- CH. 6</p> <p>Rosh Hashanah Begins</p>	<p>3</p> <p>10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 3:45 pm Perfect 10 (dayroom) 6 pm Evening Movie (Ch. 256 dayroom)</p>	<p>4</p> <p>10 am Daily chronicles/ Coffee Hour Trivia 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6</p>	<p>5</p> <p>11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom</p>
<p>6</p> <p>11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) 8:20 pm Cowboys at Steelers (Ch. 6 dayroom)</p>	<p>7</p> <p>10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (day room) 6 pm Evening News Brief (dayroom- CH. 6)</p>	<p>8</p> <p>10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm 10 Clues: What Is It? (dining room) 6 pm Evening Movie- CH. 312 Dayroom)</p>	<p>9</p> <p>10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Craft Hour: Falling Leaves Suncatchers (dining room) 6 pm Evening News Brief dayroom- CH. 6</p>	<p>10</p> <p>10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 6 pm Evening Movie (Ch. 256 dayroom)</p>	<p>11</p> <p>Fall Harvest Day 10 am Daily chronicles/ Coffee Hour Trivia 2 pm Music with Doc's Boys (chapel) 6 pm Evening News Brief dayroom- CH. 6</p> <p>Yom Kippur Begins</p>	<p>12</p> <p>11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom</p>
<p>13</p> <p>11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 4 pm Steelers at Raiders (Ch. 10 dayroom) 6 pm Evening Movie (Dayroom- CH. 256)</p>	<p>14</p> <p>10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Discussion: Columbus Day (dining room) 6 pm Evening News Brief (dayroom- CH. 6)</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>15</p> <p>10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Lifelong Learning: The Allure and Mystery of Bats 3:45 pm Can You Picture This? (dayroom) 6 pm Evening Movie- CH. 312 Dayroom)</p>	<p>16</p> <p>10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 11 am Resident Council (chapel) 2 pm Music with Rick and John (chapel) 6 pm Evening News Brief dayroom- CH. 6</p> <p>Sukkot Begins</p>	<p>17</p> <p>10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm HC/ PC Monthly Birthday Party (dining room) 6 pm Evening Movie (Ch. 256 dayroom)</p>	<p>18</p> <p>10 am Daily chronicles/ Coffee Hour Trivia 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6</p>	<p>19</p> <p>11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom</p>
<p>20</p> <p>11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) 8 20 pm Jets at Steelers (Ch.6 dayroom)</p>	<p>21</p> <p>10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (day room) 6 pm Evening News Brief (dayroom- CH. 6)</p>	<p>22</p> <p>10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Craft Hour: Painting Styrofoam Pumpkins (dining room) 3:45 pm Jeopardy (chapel) 6 pm Evening Movie- CH. 312 Dayroom)</p>	<p>23</p> <p>Happy Birthday, Eleanor Pile 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Music with Paul Stephenson (chapel) 6 pm Evening News Brief dayroom- CH. 6</p>	<p>24</p> <p>Happy Birthday, Harriet Barkman 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Turning Oranges into Jack O Lanterns (dining room) 6 pm Evening Movie (Ch. 256 dayroom) 6:30 pm Glory Guys (chapel)</p> <p>Simchat Torah Begins</p>	<p>25</p> <p>10 am Daily chronicles/ Coffee Hour Trivia 2 pm Music with Terry Clare Dantzig (chapel) 6 pm Evening News Brief dayroom- CH. 6</p>	<p>26</p> <p>11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom</p>
<p>27</p> <p>11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) 8:15 pm Giants at Steelers (Ch. 10 dayroom)</p>	<p>28</p> <p>10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Reminiscence: Halloween Costumes (dining room) 6 pm Evening News Brief (dayroom- CH. 6) 6 pm Trick or Treat Night</p>	<p>29</p> <p>Happy Birthday, Helen Hildebrand 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Travelogue: Going Batty in Borneo 2 pm Parkinson's Support Group (chapel) 6 pm Evening Movie- CH. 312 Dayroom)</p>	<p>30</p> <p>10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Kitchen Creations: Pumpkin Pudding Cookies (dining room) 3:45 pm What Is It? 9dayroom) 6 pm Evening News Brief dayroom- CH. 6</p>	<p>31</p> <p>10 am Daily chronicles Staff Costume Parade Word Games (dining room) 1:15 Rosary (chapel) 2 pm Halloween Party (dining room) 6 pm Evening Movie (Ch. 256 dayroom)</p> <p>Halloween</p>		

MILY OFF Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Personal Care Life Enrichment

<p>6</p> <p>OPEN ACTIVITY ROOM</p> <p>2:30 Chapel Service- Pastor Eric</p> <p>8:20 Steelers VS. Cowboys on NBC</p>	<p>7</p> <p>9:30 Motivation Monday (A)</p> <p>10:00 Thai Chi (MP)</p> <p>10:30 Catholic Mass (C)</p> <p>1:00 Ind Activities of Choice</p> <p>1:30 Bingo Set Up</p> <p>2:00 BINGO (A)</p> <p>3:30 Clean up and Convo</p>	<p>8</p> <p>9:30 Chronicles</p> <p>10:30 Exercises</p> <p>10:50 Devotions</p> <p>2:00 Talking Tuesday- All About Disney! (A)</p> <p>3:00 Let Puzzle TOGETHER (A)</p> <p>4:00 Enjoy our Patio</p> <p>6:30 Wii Bowling (VMP)</p> <p>6:30 Fall Fun with Pam (A)</p>	<p>9</p> <p>9:30 Bocce Ball (D)</p> <p>10:30 Bible Study (A)</p> <p>1:00 Patio Time (W/P)</p> <p>2:00 Lets Color! (A)</p> <p>3:00 A La Cart Visits</p> <p>4:00 Bingo Set up (A)</p> <p>6:00 Handbell Rehearsal (CH)</p> <p>6:30 BINGO with Pam</p> <p>Happy Birthday Linda H.!</p>	<p>10</p> <p>10:30 Stretches</p> <p>10:30 Devotions</p> <p>10:50 Quick Wit</p> <p>1:15 Rosary (C)</p> <p>2:00 Cornhole (A)</p> <p>3:00 One to One Visits</p> <p>4:00 Outdoor Time (W/P)</p> <p>6:30 Wii Bowling (VMP)</p>	<p>11</p> <p>10:00 Exercises/Devotions</p> <p>FALL FEST ON CAMPUS</p> <p>1:00 Apple Floats Apple Pies & Pictures (Vista Pav or Vista MP)</p> <p>2:00 Doc's Boys - Jazz Music (CH)</p> <p>3:00 to 5:00 Green Roof Acres Farm Animals (CY)</p> <p>Hayrides on campus From 1 to 5pm</p> <p>6:15 Friday Night Film- Freak Fridays Happy Birthday Dottie B.!</p>	<p>12</p> <p>10:00 Exercises and Devotions with Therese Baywood (A)</p> <p>1:00 Bingo Set Up(A)</p> <p>2:00 BINGO (A)</p> <p>3:00 Clean up and Convo</p> <p>4:00 Emily's wedding send-off!</p>
<p>13</p> <p>OPEN ACTIVITY ROOM</p> <p>2:30 Chapel Service-Pastor Bill Wenger, Thomas Mennonite Church</p> <p>4:00 STEELERS PARTY IN ACTIVITY ROOM</p> <p>4:00 Steelers VS. Raiders on CBS</p>	<p>14</p> <p>9:30 Motivation Monday (A)</p> <p>10:00 Thai Chi (MP)</p> <p>10:30 Catholic Mass (C)</p> <p>1:00 Ind Activities of Choice</p> <p>1:30 Bingo Set Up</p> <p>2:00 BINGO (A)</p> <p>3:00 Clean Up and Convo</p> <p>3:00 FOOD COMMITTEE (A)</p> <p>Columbus Day (US)</p> <p>Indigenous Peoples' Day</p>	<p>15</p> <p>8:00 Men's Breakfast (A)</p> <p>9:30 Chronicles with April</p> <p>10:30 Exercises, Devotions</p> <p>2:00 Dollar General Outing (SU/\$)</p> <p>3:30 Let's Puzzle Together(A)</p> <p>4:00 Enjoy our Patio</p> <p>6:30 Wii Bowling (VMP)</p> <p>6:30 Lets Reminisce with Pam (A)</p>	<p>16</p> <p>9:30 Bocce Ball (D)</p> <p>10:30 Bible Study (A)</p> <p>1:00 Patio Time (W/P)</p> <p>2:00 Music with Rick and John (C)</p> <p>3:00 A La Cart Visits</p> <p>4:00 Bingo Set up (A)</p> <p>6:00 Handbell Rehearsal (CH)</p> <p>6:30 BINGO with Pam</p> <p>Sukkot Begins</p>	<p>17</p> <p>10:00 Exercises, Devotions, Trivia</p> <p>1:15 Rosary (C)</p> <p>2:00 Monthly Birthday Party (CH/CY)</p> <p>3:00 One to One Visits</p> <p>3:30 Sense of Loss Support Group (C)</p> <p>4:00 Outdoor Time (W/P)</p> <p>6:30 Wii Bowling (VMP)</p>	<p>18</p> <p>10:00 Exercises, Devotions, Trivia</p> <p>1:00 Walking Club (INDEPENDENT)</p> <p>2:00 Bocce ball with Sandy & April (A)</p> <p>6:15 Friday Night Film- Adventures in Babysitting (A)</p>	<p>19</p> <p>10:00 Exercises and Devotions with Therese Baywood (A)</p> <p>1:00 Bingo Set Up(A)</p> <p>2:00 BINGO (A)</p> <p>3:00 Clean up and Convo</p> <p>4:00 Activity A La Carte (1:1)</p>
<p>20</p> <p>OPEN ACTIVITY ROOM</p> <p>2:30 Chapel Service-Pastor Dan Croft, Pastor, Retired Band Director</p> <p>8:20 Steelers VS. Jets on NBC</p>	<p>21</p> <p>9:45 Resident Council (A)</p> <p>10:00 Thai Chi (MP)</p> <p>10:30 Catholic Mass (C)</p> <p>1:00 Ind Activities of Choice</p> <p>1:30 Bingo Set Up</p> <p>2:00 Choir Practice</p> <p>2:30 BINGO (A)</p> <p>3:30 Clean up and Convo</p>	<p>22</p> <p>9:30 Chronicles</p> <p>10:30 Exercises, Devotions</p> <p>2:00 Talking Tuesday- Weddings! (A)</p> <p>3:00 Let Puzzle TOGETHER (A)</p> <p>4:00 Enjoy our Patio</p> <p>6:30 Wii Bowling (VMP)</p> <p>6:30 LCR (A)</p> <p>Happy Birthday Richard T.!</p>	<p>23</p> <p>9:30 Bocce Ball (D)</p> <p>10:30 Bible Study (A)</p> <p>1:00 Patio Time (W/P)</p> <p>2:00 Music with Paul Stephenson (C)</p> <p>3:00 A La Cart Visits</p> <p>4:00 Bingo Set up (A)</p> <p>NO HANDBELLS TONIGHT</p> <p>6:30 BINGO with Pam</p>	<p>24</p> <p>10:30 Stretches</p> <p>10:30 Devotions</p> <p>10:50 Quick Wit</p> <p>1:15 Rosary (C)</p> <p>2:00 Roll-For-Monster(A)</p> <p>3:00 One to One Visits</p> <p>4:00 Outdoor Time (W/P)</p> <p>6:30 Wii Bowling (VMP)</p> <p>6:30 Glory Guys (CH)</p> <p>Simchat Torah Begins</p>	<p>25</p> <p>10:00 Exercises, Devotions, Trivia</p> <p>1:00 Walking Club (INDEPENDENT)</p> <p>2:00 Piano Music with Tony (CH)</p> <p>6:15 Friday Night Film- Hocus Pocus (A)</p>	<p>26</p> <p>10:00 Exercises and Devotions with Therese Baywood (A)</p> <p>1:00 Bingo Set Up(A)</p> <p>2:00 BINGO (A)</p> <p>3:00 Clean up and Convo</p> <p>4:00 Activity A La Carte (1:1)</p> <p>6:30 Target Shooting! (A)</p>
<p>27</p> <p>OPEN ACTIVITY ROOM</p> <p>2:30 Chapel Service-Pastor Sarah Adkins, Bethel United Methodist Church</p> <p>3:30 One to Ones</p> <p>6:30 Paper Pumpkins (A)</p>	<p>28</p> <p>9:30 Motivation Monday (A)</p> <p>10:00 Thai Chi (MP)</p> <p>10:30 Catholic Mass (C)</p> <p>1:00 Ind Activities Of Choice</p> <p>1:30 Bingo Set Up</p> <p>2:00 BINGO (A)</p> <p>2:00 Choir Practice (C)</p> <p>6:00 Karaoke and Trick-or-Treat Parade with Family and Friends of LVV (SU)</p> <p>8:15 Steelers VS. Giants on ESPN</p>	<p>29</p> <p>9:30 Chronicles</p> <p>10:30 Exercises</p> <p>10:50 Devotions</p> <p>2:00 Country Ride (SU)</p> <p>2:00 Parkinsons Support Group (C)</p> <p>3:00 Let Puzzle(A)</p> <p>4:00 Enjoy our Patio</p> <p>6:30 Wii Bowling (VMP)</p> <p>6:30 Paper Jack-O-Lantern Making with Pam!(A)</p>	<p>30</p> <p>9:30 Bocce Ball (D)</p> <p>10:30 Bible Study (A)</p> <p>1:00 Patio Time (W/P)</p> <p>2:00 Low Vision Support Group (C)</p> <p>2:00 Cooking Creations- Banana Ghosts! (A)</p> <p>3:00 A La Cart Visits</p> <p>4:00 Bingo Set up (A)</p> <p>6:00 Handbell Rehearsal (CH)</p> <p>6:30 BINGO with Pam</p>	<p>31</p> <p>10:00 Staff Costume Parade Through the entire Building. NO EXERCISE</p> <p>1:15 Rosary (C)</p> <p>2:00 White Board Games- H</p> <p>3:00 One to One Visits</p> <p>4:00 Outdoor Time (W/P)</p> <p>6:30 Wii Bowling (VMP)</p> <p>Halloween</p> <p>Happy Birthday Jean Gind.!</p>	<p>Activities, times, and locations may vary according to the residents' needs</p> 	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PERSONAL CARE REFLECTIONS <h1>October 2024</h1>		9:30 IN2L- Exercises, Devotions, Game 10:30 Small Group 11:00 Wet your whistle 1:00 Quiet Meditation 1:30 Music and Manicures 3:00 Music in the Chapel 6:30 Ski Ball 7:15 Beverages 7:30 Devotions	9:30 Bible Study 10:00 Wednesday Wiggle 10:30 Humm a Hymn 11:00 How about a Drink 1:00 Calm Meditation 2:00 Coloring Club 3:30 Busy Bees 6:30 Board Game Fun 7:15 Drinks 7:30 Spiritual Moment Rosh Hashanah Begins	9:30 Thursday Twist/Devotions/Trivia 11:00 Wet your whistle 1:00 Relaxation 2:00 Music with colorful scarfs 3:00 Happy Hour 3:30 One to Ones 6:30 Balloon Volley 7:15 Beverages 7:30 Devotion	9:30 Get Fit Friday/Devotion 10:00 Lets Chat 10:30 Small Group 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Old Maid 3:30 Sorting 6:30 Tray Pong 7:15 Drinks 7:30 Spiritual Moment	9:30 One to Ones 10:00 Swing and Sway 10:30 Our Daily Bread 11:00 Wet Your Whistle 1:00 Relaxation 1:30 Fall Reminiscing 2:00 Charades 3:30 Refreshments 6:30 Linda's Levity 7:15 Beverages 7:30 Devotion
9:30 Sunday Stretches 10:00 Sunday Social 10:30 Spiritual Moment 11:00 Hydration Station 1:00 Calm Meditation 2:30 Chapel Service 3:30 One to Ones 6:30 Cotton Ball Tree Painting 7:15 Sunday Sips 7:30 Devotions	9:30 Monday Movement 10:00 Gathering Place 10:30 Catholic Services 11:30 Life Skills 1:00 Drinks and Relaxation 2:00 Primp & Pamper with Gen 3:00 Snack Shack 6:30 Opposites Game 7:15 Drinks 7:30 Spiritual Moment	9:30 IN2L- Exercises, Devotions, Game 10:30 Small Group 11:00 Wet your whistle 1:00 Quiet Meditation 1:30 Lacing 2:30 Would You Rather 3:00 Hydration station 6:30 Bingo 7:15 Beverages 7:30 Devotions	9:30 Bible Study 10:00 Wednesday Wiggle 10:30 Humm a Hymn 11:00 How about a Drink 1:00 Calm Meditation 2:00 OMA ART 3:30 Busy Bees 6:30 Giant Jenga 7:15 Drinks 7:30 Spiritual Moment	9:30 Thursday Twist/Devotions/Trivia 11:00 Wet your whistle 1:00 Relaxation 2:00 Washer Game with Sandy 3:00 Happy Hour 3:30 One to Ones 6:30 Kickball 7:15 Beverages 7:30 Devotion	9:30 Get Fit Friday/Devotion 10:00 Lets Chat 10:30 Hydration Station FALL FEST ON CAMPUS 1:00 Apple Cider Press/ Pies & Pictures (Vista Pav or Vista MPR) 2:00 Doc's Boys - Jazz Music (CH) 3:00 to 5:00 Green Roof Acres Farm Animals (CY) 1 to 5 Hayrides on campus 6:30 to 7:30 YHATZEE	9:30 One to Ones 10:00 Swing and Sway 10:30 Our Daily Bread 11:00 Wet Your Whistle 1:00 Relaxation 2:00 Making Boats 3:30 Refreshments 6:30 Linda's Levity 7:15 Beverages 7:30 Devotion
9:30 Sunday Stretches 10:00 Sunday Social 10:30 Spiritual Moment 11:00 Hydration Station 1:00 Calm Meditation 2:30 Chapel Service 3:30 One to Ones 6:30 Word Searches and Coloring 7:15 Sunday Sips 7:30 Devotions	9:30 Monday Movement 10:00 Gathering Place 10:30 Catholic Services 11:30 Life Skills 1:00 Drinks and Relaxation 2:00 Choir Practice 3:00 Snack Shack 6:30 Fall Tree Craft with April 7:15 Drinks 7:30 Spiritual Moment Columbus Day (US)	9:30 IN2L- Exercises, Devotions, Game 10:30 Small Group 11:00 Wet your whistle 1:00 Quiet Meditation 1:30 Lacing 2:30 Get to Know you Dice 3:00 Hydration station 6:30 Finishing Lines 7:15 Beverages 7:30 Devotions	9:30 Bible Study 10:00 Wednesday Wiggle 10:30 Humm a Hymn 11:00 How about a Drink 1:00 Calm Meditation 2:00 Music with Rick and John (C) 3:30 Busy Bees 6:30 Primp & Pamper 7:15 Drinks 7:30 Spiritual Moment	9:30 Thursday Twist/Devotions/Trivia 11:00 Wet your whistle 1:00 Relaxation 2:00 Monthly Birthday Party (HC) 3:00 Happy Hour 3:30 One to Ones 6:30 Washer Pitch 7:15 Beverages 7:30 Devotion	9:30 Get Fit Friday/Devotion 10:00 Lets Chat 10:30 Small Group 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Penny Pitch 3:30 Sorting 6:30 Tabletop Bowling 7:15 Drinks 7:30 Spiritual Moment	9:30 One to Ones 10:00 Swing and Sway 10:30 Our Daily Bread 11:00 Wet Your Whistle 1:00 Relaxation 2:00 Linda's Levity 3:30 Refreshments 6:30 Washer Pitch 7:15 Beverages 7:30 Devotion
9:30 Sunday Stretches 10:00 Sunday Social 10:30 Spiritual Moment 11:00 Hydration Station 1:00 Calm Meditation 2:30 Chapel Service 3:30 One to Ones 6:30 Mad Libs 7:15 Sunday Sips 7:30 Devotions	9:30 Monday Movement 10:00 Gathering Place 10:30 Catholic Services 11:30 Life Skills 1:00 Drinks and Relaxation 2:00 Choir Practice 3:00 Snack Shack 6:30 Twister Sing a Long 1/ April 7:15 Drinks 7:30 Spiritual Moment	9:30 IN2L- Exercises, Devotions, Game 10:30 Small Group 11:00 Wet your whistle 1:00 Quiet Meditation 1:30 Lacing 2:30 Table Talk 3:00 Hydration station 6:30 Music and Manicures 7:15 Beverages 7:30 Devotions	9:30 Bible Study 10:00 Wednesday Wiggle 10:30 Humm a Hymn 11:00 How about a Drink 1:00 Calm Meditation Music with Paul Stephenson (C) 3:30 Busy Bees 6:30 Ski Ball 7:15 Drinks 7:30 Spiritual Moment	9:30 Thursday Twist/Devotions/Trivia 11:00 Wet your whistle 1:00 Relaxation 2:00 Punch for a Prize with April 3:00 Happy Hour 3:30 One to Ones 6:30 Glory Guys in the Chapel 7:30 Drinks & Devotions Simchat Torah Begins	9:30 Get Fit Friday/Devotion 10:00 Lets Chat 10:30 Small Group 11:00 Hydration Station 1:30 Piano Music with Terry (CH) 2:30 Music Bingo 3:30 Sorting 6:30 The Letter Game (Autumn) 7:15 Drinks 7:30 Spiritual Moment	9:30 One to Ones 10:00 Swing and Sway 10:30 Our Daily Bread 11:00 Wet Your Whistle 1:00 Relaxation 2:00 Show and Tell 3:30 Refreshments 6:30 Linda's Levity 7:15 Beverages 7:30 Devotion
9:30 Sunday Stretches 10:00 Sunday Social 10:30 Spiritual Moment 11:00 Hydration Station 1:00 Calm Meditation 2:30 Chapel Service 3:30 One to Ones 6:30 Apple Crisp Making 7:15 Sunday Sips 7:30 Devotions	9:30 Monday Movement 10:00 Gathering Place 10:30 Catholic Services 11:30 Life Skills 1:00 Drinks and Relaxation 2:00 Choir Practice 3:00 Snack Shack 6:30 Trick or Treat Parade - Sign up your grandkids and have them join in the fun! Sign up in PC Activity Room	9:30 IN2L- Exercises, Devotions, Game 10:30 Small Group 11:00 Wet your whistle 1:00 Quiet Meditation 1:30 Lacing 2:00 Country Ride 3:00 Hydration station 6:30 Ball Toss 7:15 Beverages 7:30 Devotions	9:30 Bible Study 10:00 Wednesday Wiggle 10:30 Humm a Hymn 11:00 How about a Drink 1:00 Calm Meditation 2:00 Music & Memory Group Session 3:30 Busy Bees 6:30 Primp & Pamper 7:15 Drinks 7:30 Spiritual Moment	9:30 Thursday Twist/Devotions/Trivia 11:00 Wet your whistle 1:00 Relaxation 2:00 Pumpkin Races with April 3:00 Happy Hour 3:30 One to Ones 6:30 Sandy's Short Stories 7:15 Beverages 7:30 Devotion Halloween	Activities, times, and locations may vary according to the residents' needs 	

OCTOBER 2024

LIFE ENRICHMENT & WELLNESS ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
		9:30 Devotion & Exercise w/Linda (VMP) 10:30 Market Basket (S) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Trivia Challenge w/Linda (VAR) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 3:00 Music in the Chapel (TBA) 5:00 Loss of a Loved One Support Group (CH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Billiards Group 2 (VSR-RL) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 12:00 Luneh& Learn (VMP) 1:00 Sit & Be Fit (CWC) 1:00 OMA (VAR) 6:00 Bell Choir Practice (CH) 7:00 Bingo (VMP-RL)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise w/Linda (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:00 Crafting w/Margaret & Bev (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 9:30 Men's Hub Cap (S) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 2:00 Crafting w/Margaret & Bev (VAR) 6:30 Rummikub (CAR) 6:30 Card Club (VSR-RL) 6:30 Dominoes (VAR-RL)	4:00 Exercises w/Threse (PCA) 2:00 Sequence (VAR-RL) 2:30 Art Exhibition Reception (CAR) 6:30 Scrabble (VAR-RL) 6:30 Card Club (VAR-RL)
2:30 Worship Service (CH) Pastor Eric Lasure 3:30 Five Crowns (VAR-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Mass with Father Larry (CH) 11:00 Book Club (CAR) 1:00 Sit & Be Fit (CWC) 12:45 Bocce League (CBC) 2:00 Choir Practice (CH) 2:00 Billiards Group 2 (VSR-RL) 3:00 Chime Practice (CH) 1:00 PEER Meeting (VAR) 7:00 Wii Bowling (CAR-RL)	8:30 Men's Breakfast (FH-S) 9:30 Devotion & Exercise w/Linda (VMP) 10:00 Walmart (S) 1:00 Wheel of Fortune (VAR) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:30 Bowling (814-RL) 2:00 Manicures (VAR Limit-4, S) 2:00 Bible Study (CAR) 3:00 Volunteer Meeting (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Bedford County Apple Shopping (S) 10:00 Billiards Group 2 (VSR-RL) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 1:00 OMA (VAR) 2:00 Resident Council (CBH) 6:00 Bell Choir Practice (CH)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise w/Linda (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 1:00 Bible Study (VAR) 1:00 Manicures w/Genevieve (CAR) 1:15 Rosary (CH) 2:00 Country Ride For Vista (S) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 11:30 Medicare Open Enrollment Info Session (CH) 1:00 Fall Festival-Campus Wide (see flyers) 1:00 Billiards Group 1 (VSR-RL) 6:30 Rummikub (CAR) 6:30 Card Club (VSR-RL) 6:30 Dominoes (VAR-RL)	10:00 Exercises w/Threse (PCA) 2:00 Mexican Train (VAR-RL) 6:30 Skipbo/Golf (VAR-RL) 6:30 Card Club (VAR-RL)
2:30 Worship Service (CH) Pastor Bill Wenger 3:30 Rummikub (VAR-RL) 4:00 Steeler Game Party (CAR-S)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Communion w/Threse (CH) 1:00 Sit & Be Fit (CWC) 12:45 Bocce League (CBC) 2:00 Choir Practice (CH) 2:00 Billiards Group 2 (VSR-RL) 3:00 Chimes Practice (CH) 6:30 Yahtzee (VAR-RL) 7:00 Wii Bowling (CAR-RL)	9:30 Devotion & Exercise w/Linda (VMP) 10:30 Dollar General (S) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Crafting with Sharon (VAR) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 3:00 Time Out Social (FH) 5:30 St. Johns Hall (S) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Check (VAR) 10:30 Billiards Group 2 (VSR-RL) 11:00 Let's Walk (VMP) 1:00 Country Ride For Cambridge (S) 1:00 Sit & Be Fit (CWC) 1:00 OMA (VAR) 2:00 Music with John & Rick (CH) 3:00 Men's Caregiver Support Group (VL) 6:00 Village Movie Night (CBH) 6:00 Bell Choir Practice (CH)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise w/Linda (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 10:30 Ladies Day Out (S) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 1:00 Crafting with Sharon (CAR) 3:30 Sense of Loss Support Group (CH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Brain Games w/Sharon (VAR) 3:00 Aging and Life Transitions Presentation (CH) - pending 6:30 Rummikub (CAR) 6:30 Card Club (VSR-RL) 6:30 Dominoes (VAR-RL)	10:00 Exercises w/Threse (PCA) 6:30 Arcadia Theater (S) 2:00 Sequence (VAR-RL) 6:30 Scrabble (VAR-RL) 6:30 Card Club (VAR-RL)
2:30 Worship Service (CH) Dan Croft 3:30 Five Crowns (VAR-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Mass with Father Larry (CH) 1:00 Sit & Be Fit (CWC) 12:45 Bocce League (CBC) 2:00 Choir Practice (CH) 2:00 Billiards Group 2 (VSR-RL) 3:00 Chimes Practice (CH) 6:30 Yahtzee (VAR-RL) 7:00 Wii Bowling (CAR-RL)	8:30 Ladies's Breakfast (FH-S) 9:30 Devotion & Exercise w/Linda(VMP) 1:00 Music Bingo (VAR) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:30 Boscov's Shopping (S) 1:30 Bowling (814-RL) 2:00 Manicures (VAR Limit-4, S) 2:00 Bible Study (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Bedford County Apple Shopping (S) 10:30 Blood Pressure Check (VAR) 10:30 Billiards Group 2 (VSR-RL) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 1:00 Bocce w/ April & Sharon (VMP) 2:00 Music with Paul Stephenson (CH) 6:00 Bell-Gheir-Practice (GH) 7:00 Bingo (VMP-RL)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise w/Sharon (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 1:00 Music & Memory w/April & Sharon (CAR) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 6:30 Wii Bowling (VMP-RL) 6:30 Entertainment - Glory Guys (CH)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 2:00 Lets Swim Together (VAR) 2:00 Piano Music with Terry (CH) 6:30 Rummikub (CAR) 6:30 Card Club (VSR-RL) 6:30 Dominoes (VAR-RL)	10:00 Exercises w/Threse (PCA) 2:00 Mexican Train (VAR-RL) 6:30 Skipbo/Golf (VAR-RL) 6:30 Card Club (VAR-RL)
2:30 Worship Service (CH) Pastor Sarah Adkins 3:30 Rummikub (VAR-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 9:30 Westmoreland Mall & Olive Garden (S) 10:00 Tai Chi (VMP) 10:30 Catholic Communion w/Threse (CH) 1:00 Sit & Be Fit (CWC) 2:00 Choir Practice (CH) 2:00 Billiards Group 2 (VSR-RL) 3:00 Chime Practice (CH) 6:00 Trick or Treat in the Village 6:30 Yahtzee (VAR-RL)	9:30 Devotion & Exercise w/Sharon(VMP) 10:30 Perkins Brunch w/Melissa (S) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Music Bingo with Sharon (VAR-RL) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Parkinsons Support Group (CH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:30 Blood Pressure Check (VAR) 10:00 Billiards Group 2 (VSR-RL) 11:00 Let's Walk (VMP) 1:00 Bingo w/Sharon (CAR) 1:00 Sit & Be Fit (CWC) 1:00 Music & Memory Session w/GJMS (CH) 2:30 Low Vision Support Group (CH) 6:00 Bell Choir Practice (CH)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise w/Sharon (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 10:00 Staff & Resident Halloween Parade 11:00 Ladies Mystery Lunch (S) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 4:30 Halloween Party (CBH) 6:30 Wii Bowling (VMP-RL)	ACTIVITIES, TIMES, AND LOCATIONS ARE SUBJECT TO CHANGE! SIGN UP SHEETS ARE LOCATED IN THE VISTA ACTIVITY ROOM AND THE CAMBRIDGE ACTIVITY ROOM. ONE CALLS ARE PROVIDED FOR SPECIAL EVENTS OR AN ADDITIONS OR CHANGES TO THE CALENDAR.	

KEY CODES

CBC = CAMBRIDGE BOCCCE COURT | CAR = CAMBRIDGE ACTIVITY ROOM | CWC = CAMBRIDGE WELLNESS CENTER | CBH = CAMBRIDGE BANQUET HALL | CGS = CAMBRIDGE GOLF SIMULATOR
 VMP = VISTA MULTI PURPOSE | VWC = VISTA WELLNESS CENTER | VSC = VISTA SHUFFLEBOARD COURT | VSR = VISTA SUN ROOM | VAR = VISTA ACTIVITY ROOM | VL = VISTA LIBRARY | VP = VISTA PAVILION
 PC = PERSONAL CARE | PCD = PERSONAL CARE DINING | PCA = PERSONAL CARE ACTIVITIES | PCP = PERSONAL CARE PATIO
 CH = CHAPEL | CY = COURTYARD | FH = FRESH HARVEST | DCC = DAVIDSVILLE COMMUNITY CHURCH
 814 = 814 RICHLAND LANES | OGC = OAKBROOK GOLF CLUB | WCC = WINDBER COUNTRY CLUB | GM = GALLERIA MALL
 S = SIGNUP REQUIRED | RL = RESIDENT LED | WP = WEATHER PERMITTING | TBD = TO BE DETERMINED